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| --- |
| **Приложение 3**к Размерам, источникам и видампредоставления социальной помощи гражданам,которым оказывается социальная помощь |

Утверждены
постановлением Правительства
Республики Казахстан
от 12 марта 2012 года № 320

**Нормы питания детей, воспитывающихся
в детских яслях, детских садах и в санаторных дошкольных
организациях (граммов в день на одного ребенка)**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
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| --- | --- | --- |
| Наименование | Для детей в возрасте | Всанаторныхорганиза-циях |
| до 3 лет | от 3 до 7 лет |
| В организациях с длительностьюпребывания |
| 9-10,5час. | 12-24час. | 9-10,5час. | 12час. | 24час. | до 3лет | 3-7лет |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| **Продукты** |
| Хлеб пшеничный | 55 | 60 | 80 | 110 | 110 | 70 | 110 |
| Хлеб ржаной | 25 | 30 | 40 | 60 | 60 | 80 | 60 |
| Мука пшеничная | 16 | 16 | 20 | 25 | 25 | 16 | 25 |
| Мука картофельная | 3 | 3 | 3 | 3 | 3 | 3 | 3 |
| Крупа, бобовые,макаронные изделия | 20 | 30 | 30 | 45 | 45 | 35 | 45 |
| Картофель | 120 | 150 | 190 | 220 | 220 | 150 | 250 |
| Овощи разные | 180 | 200 | 200 | 250 | 250 | 300 | 300 |
| Фрукты свежие | 90 | 130 | 60 | 60 | 150 | 250 | 350 |
| Фрукты сухие | 10 | 10 | 10 | 10 | 15 | 15 | 15 |
| Кондитерские изделия | 4 | 7 | 10 | 10 | 10 | 10 | 15 |
| Сахар | 35 | 50 | 45 | 55 | 55 | 50 | 60 |
| Масло сливочное | 12 | 17 | 20 | 23 | 25 | 30 | 35 |
| Масло растительное | 5 | 6 | 7 | 9 | 9 | 6 | 10 |
| Яйцо (штук) | 0,25 | 0,5 | 0,5 | 0,5 | 0,5 | 1 | 1 |
| Молоко | 500 | 600 | 420 | 500 | 500 | 700 | 700 |
| Творог | 40 | 50 | 40 | 40 | 50 | 50 | 75 |
| Мясо | 60 | 85 | 100 | 100 | 100 | 120 | 160 |
| Рыба | 20 | 25 | 45 | 50 | 50 | 25 | 70 |
| Сметана | 5 | 5 | 5 | 10 | 15 | 20 | 25 |
| Сыр | 3 | 3 | 5 | 5 | 5 | 10 | 10 |
| Чай | 0,2 | 0,2 | 0,2 | 0,2 | 0,2 | 0,2 | 0,2 |
| Кофе злаковый | 1 | 1 | 2 | 2 | 2 | 1 | 2 |
| Соль | 2 | 2 | 5 | 5 | 8 | 5 | 8 |
| Дрожжи | 1 | 1 | 1 | 1 | 1 | 1 | 1 |

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