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| --- |
| **Приложение 3** к Размерам, источникам и видам предоставления социальной помощи гражданам, которым оказывается социальная помощь |

Утверждены  
постановлением Правительства  
Республики Казахстан  
от 12 марта 2012 года № 320

**Нормы питания детей, воспитывающихся  
в детских яслях, детских садах и в санаторных дошкольных  
организациях (граммов в день на одного ребенка)**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | | Наименование | Для детей в возрасте | | | | | В  санаторных  организа-  циях | | | до 3 лет | | от 3 до 7 лет | | | | В организациях с длительностью  пребывания | | | | | | 9-10,5  час. | 12-24  час. | 9-10,5  час. | 12  час. | 24  час. | до 3  лет | 3-7  лет | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | | **Продукты** | | | | | | | | | Хлеб пшеничный | 55 | 60 | 80 | 110 | 110 | 70 | 110 | | Хлеб ржаной | 25 | 30 | 40 | 60 | 60 | 80 | 60 | | Мука пшеничная | 16 | 16 | 20 | 25 | 25 | 16 | 25 | | Мука картофельная | 3 | 3 | 3 | 3 | 3 | 3 | 3 | | Крупа, бобовые,  макаронные изделия | 20 | 30 | 30 | 45 | 45 | 35 | 45 | | Картофель | 120 | 150 | 190 | 220 | 220 | 150 | 250 | | Овощи разные | 180 | 200 | 200 | 250 | 250 | 300 | 300 | | Фрукты свежие | 90 | 130 | 60 | 60 | 150 | 250 | 350 | | Фрукты сухие | 10 | 10 | 10 | 10 | 15 | 15 | 15 | | Кондитерские изделия | 4 | 7 | 10 | 10 | 10 | 10 | 15 | | Сахар | 35 | 50 | 45 | 55 | 55 | 50 | 60 | | Масло сливочное | 12 | 17 | 20 | 23 | 25 | 30 | 35 | | Масло растительное | 5 | 6 | 7 | 9 | 9 | 6 | 10 | | Яйцо (штук) | 0,25 | 0,5 | 0,5 | 0,5 | 0,5 | 1 | 1 | | Молоко | 500 | 600 | 420 | 500 | 500 | 700 | 700 | | Творог | 40 | 50 | 40 | 40 | 50 | 50 | 75 | | Мясо | 60 | 85 | 100 | 100 | 100 | 120 | 160 | | Рыба | 20 | 25 | 45 | 50 | 50 | 25 | 70 | | Сметана | 5 | 5 | 5 | 10 | 15 | 20 | 25 | | Сыр | 3 | 3 | 5 | 5 | 5 | 10 | 10 | | Чай | 0,2 | 0,2 | 0,2 | 0,2 | 0,2 | 0,2 | 0,2 | | Кофе злаковый | 1 | 1 | 2 | 2 | 2 | 1 | 2 | | Соль | 2 | 2 | 5 | 5 | 8 | 5 | 8 | | Дрожжи | 1 | 1 | 1 | 1 | 1 | 1 | 1 | |